

Position Description

Exercise Physiologist Grade 2

Award or EBA:	Victorian Stand Alone Community Health Centres, Health Professionals Multi-Employer Enterprise Agreement 2012-2016.
Classification/Grade:	Grade 2
Directorate:	Physical Wellbeing Team
Reports to:	Program Manager Physical Wellbeing Team
Direct Reports:	Team Leader/Coordinator Physical Wellbeing Team

Our vision is ensuring the health and wellbeing of our community.

Our values are:

Persistence	Integrity	Compassion	Respect	Responsiveness
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Role Description

The Exercise Physiologist will work within a multidisciplinary team to develop and implement client-centred exercise programs for clients with chronic and complex conditions. The work will involve 1-1 as well as group programs.

The Grade 2 Exercise Physiologist will demonstrate excellent clinical reasoning and exercise prescription skills. You will be accountable for providing quality client care through the application of clinical skills in assessment, planning, implementation, treatment and management of your clients. You will also have a leading role in education of staff and students. You will also assist in the development and integration of our Exercise Physiology Services.

The role includes organisation, implementation and supervision of programs at DPVH Health with clients who have diabetes, respiratory, cardiac and other chronic and complex conditions. They will also work with our NDIS clients, Medicare Funded Services as well as our Social Support Programs.

The Exercise Physiologist will hold responsibility for the provision of a high standard of clinical services to eligible clients in our community. Key deliverables for this role is to provide individualised, re-enabling/restorative, evidence-based assessment, clinical interventions, education empowerment and self-management.

This position provides client-centred care, a high standard of clinical services and expertise with one on one and/or group interventions for elderly, CALD, disabled, ATSI, refugee/asylum seekers and other eligible clients in the Northern Metropolitan area of Melbourne.

Roles Key Accountabilities

Service Delivery

- Protect the confidentiality of all clients, participants and staff at all times.

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- Undertake accurate, timely assessments and interventions to internal and external clients consistent with team scope and individual scope of practice as determined by regular clinical supervision.
- Develop care plans in collaboration with clients/participants and other stakeholders to work towards client-centred goals.
- Identify need for additional support services with the client/participant in care plans. Make appropriate internal and external referrals for group or individual interventions to support a coordinated approach to better health outcomes for the client/participant.
- Provide follow up reviews, interventions and self-management strategies to empower the client/participant to achieve agreed goals in line with chronic disease best practice principles.
- Provide feedback to clients/participants, referrers and other stakeholders outlining assessment findings, agreed goals and recommendations.
- Contribute to Case Conferencing of clients as required.
- Where appropriate, provide reports to NDIS Support Coordinators at required intervals to demonstrate effectiveness of the service in reaching the participants' goals.
- Ensure that client files supports the standard for documentation best practice, the funding body business rules and upholds the values of the organisation.
- Develop, run and evaluate group based programs that support clients to improve control of their own health and encourages integration into the community, e.g. water-based, gym-based, condition-based groups with emphasis on social inclusion and community access.
- Supervise and support Grade 1 Exercise Physiologists and Allied Health Assistants as required.
- Supervise and support Exercise Physiology and Allied Health Assistant students as required.
- Support and contribute to service delivery growth and development opportunities in the Northern Growth Corridor.
- Identify and support quality improvement processes identified as relevant to the service delivery area
- Identify and support quality improvement processes from a client, quality and organisational view
- Practice effective Infection Control Procedures
- Participate in ongoing Professional Development
- Participate in research activities in partnership with other agencies.
- Well-developed written and oral communication skills including public presentation skills.
- Competent computer skills

Reporting, System and Analytics

- Provide high quality concise and timely reports for Team Leader/coordinator
- Actively use and promote the use of DPV Health systems such as VHIMS, Mybookings, ESS, e3, Gemba, Trim, ecase and others

Financials, Budgets, Target, Funding

- Maintain regular, timely and accurate statistical input into relevant client databases.
- Actively support the Vision, Purpose and Values contained in the DPV Health Corporate plan.
- Understand the business rules for HACC, CHSP, CH, ICD, MBS and NDIS and achieve targets in all areas. This may include new future funding areas to the organisation.
- Demonstrate full clinical diaries and take active steps to prevent FTAs and cancellations.
- Understand the impact of FTAs on reaching targets and on fee for service business streams.

- Ensure that all financial transactions are undertaken in line with approved DPV Health policy and delegations

Culture, Engagement, Diversity – People Experience

- Demonstrates behaviours aligned with DPV Health Values and Code of Conduct
- Participate in regular supervision, annual work plans and annual performance reviews
- Actively participate in all required training, inductions and development
- Actively participate in and attend organisationally required meetings in a positive constructive manner. Offering balanced views and seeking solutions
- Actively supports and demonstrates inclusive behaviour with a zero tolerance for any bullying, harassment and inappropriate conduct

Health and Safety

- Take reasonable care to ensure no risk of harm to self and others in the workplace. This includes immediately reporting any incidents, near miss, hazards and injuries.
- Comply with relevant Occupational Health and Safety laws, standards, safe work practices, policies and procedures and attend all safety initiatives, improvements & training.
- Demonstrate safe work behaviours and conducting work in accordance with our safety management system.

Risk Management and Compliance – Quality and Accreditation

- Ensure documentation supports both quality and department standards
- Actively identify, monitor and manage areas of key risk and lead appropriate escalation and response
- Actively monitor and improve the quality and safety of their care and services
- Identify risks as they emerge and proactively address new and known risks.
- Commitment to partnering with clients to facilitate effective engagement and participation.

This position description contains the key roles and responsibilities and associated performance indicators for this position. The above list is not intended to be complete. Other tasks may be assigned from time to time to meet the needs of the organisation. Specific actions and objectives of this role will be outlined through the goal setting and review process.

DPV Health Requirements

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| • Current Victorian Drivers Licence | • Valid Working With Children Check |
| • Disability Worker Exclusion Check | • Satisfactory Policy Check |
| • Travel between sites is required | • Registered as a MBS Provider |

Authority

The occupant of this position has authority as per the delegation manual.

Key Selection Criteria

Qualifications

- A degree/qualification in Exercise Science or Human Movement
- Accreditation with Exercise and Sports Science Australia (ESSA)

Service Delivery

- A minimum of 3 years working as an Exercise Physiologist.
- Experience conducting, developing and evaluating therapeutic and/or health education groups.
- Having experience in a Community Health Setting or experience with CALD, Aged Clients, Disability and those with chronic pain or complex conditions will be highly regarded.
- Experience with Staff and Student supervision will be highly regarded

Employee Acknowledgement

I, _____, acknowledge I have read and understood this position descriptions and the requirements of my role.

Signature _____ **Date** _____