



Position Description

Position Title:	Exercise Physiologist Grade 1
Award/classification:	Victorian Stand Alone Community Health Centres, Health Professionals Multi-Employer Enterprise Agreement 2012-2016.
Directorate:	Physical Well Being
Reports to:	Team Leader
Direct reports:	Team Leader/Grade 2 EP
Effective date:	February 2019

Overall Position Purpose

The Exercise Physiologist will work within a multidisciplinary team to develop and implement client-centred exercise programs for clients with chronic and complex conditions. The work will involve 1-1 work as well as group programs.

The Grade 1 Exercise Physiologist (EP) will demonstrate good clinical reasoning and exercise prescription skills, and a commitment to learning. Under the guidance of a Grade 2 therapist and/or Team Leader, the EP will be accountable for providing quality client care through the application of clinical skills in assessment, planning, implementation, treatment and management of clients/participants.

The role includes organisation and implementation of programs at DPVH Health with clients who have diabetes, respiratory, cardiac and other chronic and complex conditions. The EP will work with the Grade 2 Therapists to evaluate and develop new and existing programs, and develop a caseload with our NDIS participants, Medicare Funded Services, Social Support and Mental Health Programs.

The Grade 1 Exercise Physiologist will develop and hold responsibility for the provision of a high standard of clinical services to eligible clients in our community. Key deliverables for this role are to provide individualised, re-enabling/restorative, evidence-based assessment, clinical interventions, education empowerment and self-management.

This position provides client-centred care, a high standard of clinical services and expertise with one on one and/or group interventions for elderly, CALD, disabled, ATSI, refugee/asylum seekers and other eligible clients in the Northern Metropolitan area of Melbourne. Interventions with chronic disease management will instigate and utilise specific behavioural strategies to achieve outcomes through behaviour change in collaboration with all treating clinicians.

Duties and Responsibilities

Service Delivery – Client Experience

Under the guidance and support of a Grade 2 Therapist and / or Team Leader:

- Protect the confidentiality of all clients, participants and staff at all times.
- Undertake accurate, timely assessments and interventions to internal and external clients consistent with team scope and individual scope of practice as determined by regular clinical supervision.
- Co-design individualised restorative evidence-based interventions, screening and support programs at the centre, on home visits and in community facilities.

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- Develop care plans in collaboration with clients/participants and other stakeholders to work towards client-centred goals.
- Identify need for additional support services with the client/participant in care plans. Make appropriate internal and external referrals for group or individual interventions to support a coordinated approach to better health outcomes for the client/participant.
- Provide follow up reviews, interventions and self-management strategies to empower the client/participant to achieve agreed goals in line with chronic disease best practice principles.
- Provide feedback to clients/participants, referrers and other stakeholders outlining assessment findings, agreed goals and recommendations Feedback should be provided within 14 days of initial contact, or if changes in health status warrants further correspondence.
- Contribute to Case Conferencing of clients as required.
- Where appropriate, provide reports to NDIS Support Coordinators at required intervals to demonstrate effectiveness of the service in reaching the participants' goals.
- Ensure that client files supports the standard for documentation best practice, the funding body business rules and upholds the values of the organisation.
- Develop, run and evaluate group-based programs that support clients to improve control of their own health and encourages integration into the community, e.g. water-based, gym-based, condition-based groups with emphasis on social inclusion and community access.
- Develop supervision skills under guidance of the Grade 2 Therapist with Allied Health Assistants as required.
- Supervise and support Allied Health Assistant students as required.
- Support and contribute to service delivery growth and development opportunities in the Northern Growth Corridor.
- Support quality improvement processes identified as relevant to the service delivery area from a client, quality and organisational view
- Practice effective Infection Control Procedures
- Participate in ongoing Professional Development.
- Participate in monthly supervision. Engage in and contribute to monthly team meetings and PD.
- Participate in research activities in partnership with other agencies.
- Develop written and oral communication skills including public presentation skills.

Reporting, Systems and Analytics (add more specific points as needed)

- Provide high quality concise and timely reports for (Board, Sub Committees, Executive, Program Manager, External parties).
- Actively use and promote the use of DPV Health systems such as TRAK, VHIMS, MyBookings, iChris, e3, Gemba, Trim and others

Financials, Budgets, Targets, Funding (add more specific points as needed)

- Maintain regular, timely and accurate statistical input into relevant client databases.
- Actively support the Vision, Purpose and Values contained in the DPV Health Corporate plan.
- Understand the business rules for ICD, MBS and NDIS and achieve targets in all areas. This may include new future funding areas to the organisation.
- Demonstrate full clinical diaries and take active steps to prevent FTAs and cancellations.
- Understand the impact of FTAs on reaching targets and on fee for service business streams.
- Ensure that all financial transactions are undertaken in line with approved DPV Health policy and delegations

Culture, Engagement, Diversity – People Experience (standard section – not to be changed)

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- Demonstrate behaviours aligned with DPV Health Values and Code of Conduct
- Participate in regular supervision, annual work plans and annual performance reviews
- Actively participate in all required training, inductions and development
- Actively participate in and attend organisationally required meetings in a positive constructive manner. Offering balanced views and seeking solutions
- Actively support and demonstrate inclusive behaviour with a zero tolerance for any bullying, harassment and inappropriate conduct

Health and Safety (standard section – not to be changed)

- Take reasonable care to ensure no risk of harm to self and others in the workplace. This includes immediately reporting any incidents, near miss, hazards and injuries.
- Comply with relevant Occupational Health and Safety laws, standards, safe work practices, policies and procedures and attend all safety initiatives, improvements & training.
- Demonstrate safe work behaviours and conducting work in accordance with our safety management system.

Risk Management and Compliance – Quality and Accreditation (standard section- not to be changed)

- Ensure documentation supports both quality and department standards
- Actively identify, monitor and manage areas of key risk and lead appropriate escalation and response
- Actively monitor and improve the quality and safety of their care and services
- Identify risks as they emerge and proactively addressed new and known risks.
- Commitment to partnering with clients to facilitate effective engagement and participation

DVP Health Requirements

- Current Victorian drivers licence
- Valid Working with Children’s Check (valid for 5 years from the date of issue)
- Disability closure scheme statement
- Satisfactory Police Check (valid for 3 years from the date of issue)
- Occasional after hours and weekend work may be required
- Travel between sites is required
- Specific tasks and functions of this role will be detailed through objectives and key performance areas
- MBS Provider registration. (Once appointed)

Authority

The occupant of this position has authority as per the delegation manual.

Qualifications Required or Desirable:

- A degree qualification in Exercise Science or Human Movement
- Accreditation with Exercise and Sports Science Australia (ESSA)
- An Employment Working with Children’s Check
- Eligible for registration of a Medicare provider number.
- Experience working in a Community Setting with CALD, Aged clients, Disability and those with chronic illnesses in any capacity will be highly regarded. (e.g. student placement, aged care or disability work)
- Experience/exposure to conducting, developing and evaluating therapeutic and/or health education groups.
- Proficiency in a community language will also be highly regarded.

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